

*"Come unto Me, all ye that labour and are heavy laden, and **I Will Give You Rest.**" Matthew 11:28 KJV*

How do you acknowledge the omnipresent God? You cannot go anywhere that He is not, so why does He say, *"Come unto me?"* What is the process one must enact to go to God? If He is already here, why must I go anywhere? You do it the same way you listen to a person next to you in a crowd. You direct your words and your attention to them. *"God is a Spirit."* Jesus said, *"I am the Truth."* Truth and spirit are the required attributes of the worshipper. *"God is a Spirit and those that worship Him must worship Him in spirit and in Truth."* Meditation on God's Word is how I focus my attention on God. Prayer is my directed response to what He says. It is not a physical action that is required, however, going somewhere physically private is preferable to the noisy room. If you exclude or ignore physical surroundings, communion with God is more intimate. Your spirit approaches God by focusing on and thinking about Truth. Faith, the Gift of God given via the Word of God, quickens our spirit by virtue of God's presence, and Truth opens the blindness of our understanding that we may hear God. I cannot approach God without it, *"for without faith it is impossible to please Him."* I cannot approach the KING wearing the *"filthy rags"* of my own good deeds. Faith is trusting obedience. God has provided, through His Word, Jesus, *"the Word made flesh,"* the vehicle by which faith is given. *"Faith cometh by hearing...the Word of God."* Unless Truth is imparted time is wasted. Nothing but *"the Gospel is the Power of God unto Salvation."* The cacophony of surrounding evil oppresses us, because we do not know how to *"Come"* unto Christ. I must stay in constant communion with Jesus, the Truth, the Word through meditation and prayer. *"This Book of the Law (God's Word) shall not depart out of thy mouth; but thou shalt meditate therein (think about it) day and night, that thou mayest observe TO DO according to ALL that is written therein."* Without the doing there is no believing! Faith must of necessity be the sole occupation of my spirit, because apart from Truth, there is no peace and rest. We live life acquiring the wherewithal to sustain the body and do little for the sustenance of soul and spirit. The body rests, but the soul and spirit become so exhausted we barely remember God exists. Our troubles are more a result of neglect, than God chastising us; He needs only allow us to reap what we sow. We come to God only when we are in trouble, but otherwise ignore Him. What great Love He must have for us to be ever ready to help and commune with us when we somehow *"get around to it,"* or need Him. Do you need a sweet caress, a hug, or a quiet moment free of care? It is but a thought away in the Garden where your soul's Lover awaits. Wouldn't it be better just to stay there, than to keep returning? When did you last *"rest"* awhile in the Garden? Hasten not so quickly away!



I come to the Garden alone, while the dew is still on the roses,
And the voice I hear falling on my ear, the Son of God discloses,
And He walks with me, and He talks with me, and He tells me I am His own;
And the Joy we share as we tarry there, none other has ever known. ~Charles Miles

Your prayer closet is your mind and thoughts. Keep it uncluttered. Your eyes and ears are the doors. Shut them by finding a quiet place. *"Be still, and know that I am God."* If you are walking and talking with God, it matters not what your body is doing. It is the sweet resting place of the soul and spirit. Is your Garden empty?

"But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly." Matthew 6:6 KJV