

*“Come. Behold the Works of the LORD, what desolations He hath made in the earth. He maketh wars to cease unto the end of the earth; He breaketh the bow, and cutteth the spear in sunder; He burneth the chariot in the fire. ‘Be Still, And Know That I Am God’: I will be exalted among the heathen, I will be exalted in the earth.’ The LORD of Hosts is with us; the God of Jacob is our refuge. Selah (pause and ponder).” *Psalms 46:8-11* *no2* KJV*



When the surface of water is completely calm, it creates a flawless mirror of reflection so perfect that one cannot distinguish the reflection from the reflected. So it must be with us if the Light of Almighty God is to be reflected from

our lives to others. It is in the stillness of meditation and reflection that God is known! The calmer the soul, the clearer the image! We can never hope to see and know God amid a cacophony of worry, stress, and doubt which we are sure to have if we neglect God’s Word. It is His Word hidden in the depths of our soul that speaks “Peace! Be still!” to the tempest of lust and temptation which threatens to sink our ship. It is the Hand of God at the helm of our lives, steering us rightly along the Path of Truth and His bountiful Provision. It is in the stillness that we can come to know the sound of the falling leaves and the gentle breeze of the Holy Spirit’s Whisper. God does not shout at His little ones and we must be quiet to hear His Voice. Are you struggling with life? Are your thoughts beating you about like leaves in a tornado? Do you long for Peace in your soul amidst the tempest of evil that surrounds and threatens to capsize you? “*BE STILL, AND KNOW GOD!*” Remember when Mom used to say, “Look at me!” before she told you something? And you had to stop what you were doing to focus on her face? God is saying the same thing, here. “LOOK AT ME!” “Wherefore seeing we also are compassed about with so great a cloud of witnesses, let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience The Race that is set before us, *LOOKING UNTO JESUS the Author AND Finisher of our faith; who for the Joy that was set before Him endured the cross, despising the shame, and is set down at the Right Hand of the Throne of God.*” Are you looking at God, or are you too busy to focus?

In the stillness of the Truth,
There no more is Peace pursued,
For its Joy our soul enfolds,
And our craft its Anchor holds! –CGP

Is God the Anchor of your soul? Are you safely moored in the Harbor of Hope?

*“Wherein God, willing more abundantly to shew unto the Heirs of Promise the immutability of His Counsel, confirmed it by an oath: That by two immutable things, in which it was impossible for God to lie, we might have a strong consolation, who have fled for refuge to lay hold upon the HOPE set before us: Which HOPE we have as an ANCHOR OF THE SOUL, both sure and stedfast, and which entereth into that within the veil.” *Hebrews 6:17-19* KJV*