"He brought me up also out of an horrible pit, out of the miry clay, and set my feet <u>upon a rock</u>, and established my goings." Psalms 40:2 KJV

Bedrock is the foundation of massive skyscrapers. It supports the immense pressures of tons of steel and concrete. The essence of "rock" is its unchanging character. Even small rocks can be used as weapons as anyone who has ever used a slingshot well knows. Rock is the closest thing in Creation to the unchanging character of God. "For I am the LORD, I change not. Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning. Jesus Christ the



same yesterday, and today, and forever." What God is now, He always has been and forever will be! "I am Alpha and Omega, the beginning and the ending,' saith the Lord, 'which is, and which was, and which is to come, the Almighty." Many trust their eternal soul to the safekeeping of the Almighty, but will not trust Him for their day to day existence! They stress over relationships, finances, and health without ever considering the God who created it. Ecosystems so intricate scientists are still discovering the impact of a single bacteria. Human brain and genetic structures so complex, men are still striving to understand them. Yet, we still think we have to do it ourselves! God's Word clearly instructs, "Come unto me, all ye that labour and are heavy laden, and I will give you rest. Casting all your care upon him; for he careth for you. Wherefore He (Jesus) is able also to save them to the uttermost that come unto God by Him, seeing He ever liveth to make intercession for them." God will give peace and rest to those who believe and obey His Word. "Great peace have they who love Thy Law and nothing shall offend them." Jesus said, "Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid." Stress and worry are nothing more than fear and lack of faith. "Faith cometh by hearing...the Word of God." If you are stressing out over something it's because you're not listening to God's Word! Did your mom or dad ever say, "Did you hear what I said?" It wasn't your hearing that concerned them, it was your obedience! When the storms are raging, buildings fixed on bedrock stand firm. God's Word is the bedrock of life and obedience fixes you on it! Those fixed on God remain unshakable!

> I'm firmly fixed upon God's Word. To trust another is absurd! It spoke existence from the void, It stands my one and only choice! ~CGP

If you don't trust God's Word, you've never believed nor proved it! The first step of obedience for anyone is repentance of sin. Repentance is agreeing with everything God says about sin and purposing in your heart to follow His Word, depending on Him to effect that work in you. "Being confident of this very thing, that He which hath begun a good work in you will perform it until the day of Jesus Christ: For it is God which worketh in you both to will and to do of His good pleasure."

"Of the Rock that begat thee thou art unmindful, and hast forgotten God that formed thee." Deuteronomy 32:18 K.JV