

"Rest in the LORD, and wait patiently for Him: fret not thyself because of him who prospereth in his way, because of the man who bringeth wicked devices to pass. Cease from anger, and forsake wrath: fret not thyself in any wise to do evil." Psalms 37:7-8 KJV



Did the light turn red? *"Rest in the Lord!"* Did the alarm clock sound too soon? *"Rest in the Lord!"* Is your job frustrating you? *"Rest in the Lord!"* Is traffic too slow? *"Rest in the Lord!"* Do you have the dropsy? *"Rest in the Lord!"* Is family frustrating you? *"Rest in the Lord!"* Are friends mistreating you? *"Rest in the Lord!"* Are the bills unpaid? *"Rest in the Lord!"* Is your job lost? *"Rest in the Lord!"* Are the cupboards bare? *"Rest in the Lord!"* Did you lose your parking space? *"Rest in the Lord!"* Are you sick? *"Rest in the Lord!"* Are the kids rowdy? *"Rest in the Lord!"* Did the letter not come? *"Rest in the Lord!"* Is your boss unkind? *"Rest in the Lord!"* Are you discouraged? *"Rest in the Lord!"* Is your strength gone? *"Rest in the Lord!"* Is your spouse distant? *"Rest in the Lord!"* Are prayers unanswered? *"Rest in the Lord!"* Has the nation forgotten God? *"Rest in the Lord!"* Were you evicted? *"Rest in the Lord!"* Are you injured? *"Rest in the Lord!"* Are you hungry? *"Rest in the Lord!"* Did I miss anything? *"Rest in the Lord!"* What exactly does *"Rest in the Lord!"* mean? Rest is cessation from labor or that which wearies. Jesus declared, *"Come unto me, all ye that labour and are heavy laden, and I will give you rest."* But He didn't stop there. He went on, *"Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls."* Yoke? That sounds terrible! He explains. *"For my yoke is easy, and my burden is light."* Take everything that burdens your soul and exchange it for *"easy and...light. Seek ye first the kingdom of God and His righteousness; and ALL THESE THINGS shall be added unto you."* Doubt is the root of worry and unbelief is the root of doubt. Why worry when you can pray? Trust Jesus; He'll be your stay! Don't be a doubting Thomas! Trust fully in His Promise! Why worry, worry, worry, worry, when you can pray? Pray with the grieving father, *"Lord, I believe! Help Thou mine unbelief!"* Doubt is the direct result of not having proved God through full faith obedience to His Word: Proving God faithful in spite of circumstance or human wisdom! If you've sat in the chair once, you'll have no doubts about sitting there again! *"Faith cometh by hearing...the Word of God. Faith is the...evidence of things NOT SEEN!"* Unrest is the absence of peace. If you have no peace, you have no faith. The absolute is; *"Great peace have they which love Thy Law and NOTHING shall offend them."* Truth liberates!

The weary rest upon the LORD,
They draw great comfort from His Word,
When all around men shout and mock,
They firmly stand upon The Rock! ~CGP

Doing things God's way takes away ALL the doubt and fear, because we learn to fully trust Him. Complete trust brings complete rest and *"peace that passeth all understanding."* God never is before His time and never is behind! You are never forsaken or forgotten! Jesus said, *"Lo, I am with you always."* The worst that could happen is I may pass through the *"shadow of death"* to heaven, but even then I need *"fear no evil for Thou art with me."* Are there two sets of footprints in the sands of your life? *"Rest in the LORD!"* He is able and will carry you!

"And we KNOW that ALL THINGS work together for good to THEM THAT LOVE GOD, to THEM WHO ARE THE CALLED according to HIS purpose." Romans 8:28 KJV