

"Fear Thou Not; For I Am With Thee: be not dismayed; for I Am thy God: I Will Strengthen thee; yea, I Will Help thee; yea, I Will Uphold thee With The Right Hand Of My Righteousness. Behold, all they that were incensed against thee shall be ashamed and confounded: they shall be as nothing; and they that strive with thee shall perish. Thou shalt seek them, and shalt not find them, even them that contended with thee: they that war against thee shall be as nothing, and as a thing of nought. For I the LORD thy God Will Hold thy right hand, Saying unto thee, 'Fear not; I Will Help thee.' *Isaiah 41:10-13 KJV*

ALL your stress would disappear like morning mist in noonday sun if you truly believed God! The fact is; we say we do, but in our heart we do not. We cast about in our minds for solutions to obstacles that we face and never just stop and relax in the Assurances of the Almighty. We don't stop and relax, because we do not really trust. *"Casting ALL your care upon Him for He Careth for you. Come unto me, ALL ye that labour and are heavy laden and I Will Give you Rest. Take My Yoke upon you and learn of Me."* If we really trusted God, we wouldn't be worried in the first place. But because we can't physically see God, we often assume He's not there and act accordingly, even though His Word Tells us otherwise. *"Lo, I Am With thee ALWAY, even unto the end of the world."* Our thoughts often run in direct contradiction to the Truth to which our lips attest. Practice what you preach, Christian! Christ Said, *"Thou hypocrite, first cast out the beam out of thine own eye; and then shalt thou see clearly to cast out the mote out of thy brother's eye."* We can't truly instruct until we have learned the lesson ourselves! We trust God for eternity, but in our minds we don't deem Him capable of handling the present. We trust Him with our soul and spirit, but don't deem Him worthy of caring for us physically. Does not the Scripture say, *"All things work together for good to them that love God?"* We often quote it, but do we believe it? We fret about our jobs, our health, our families, our clothing, our friends, our relationships, our enemies, and etc., but never obey the admonition, *"be content with such things as ye have: for He Hath Said, 'I Will Never Leave thee, Nor Forsake thee.'* Worry, plain and simple, is disbelief! If God Wants me to have it, what will prevent me from getting it? On the other hand, if it's not God's Will for me, what good could possibly come of it? If we would simply put faith to the test we would find no reason to doubt. The old hymn says, "Those that trust Him wholly, find Him Wholly True." If that isn't your case, then you have not wholly trusted. Doubt and worry are the most accurate of all the *"fiery darts of the wicked! Above all, taking the Shield of Faith, Wherewith ye shall be able to quench all the fiery darts of the wicked. Faith cometh by hearing (obeying)...the Word of God. Without Faith, it is IMPOSSIBLE to please Him!"* Did your parents ever say, "Did you hear what I just said?" Were they concerned about your hearing or your obedience?

"Fear Thou not," saith the Lord;
"Trust upon my Holy Word;
Inscribe it well upon thine heart,
And never from the Truth depart." –CGP

Are you afraid? He Who Calms the storm says "*Fear Thou not!*"

"For God Hath Not Given us the spirit of fear; but of Power, and of Love, and of a Sound Mind." 2 Timothy 1:7 KJV

