

*“He that is of a proud heart stirreth up strife: but he that putteth his trust in the LORD **Shall Be Made Fat.**” Proverbs 28:25 KJV*



A recent conversation with a dear friend provoked me to ponder what God’s definition of “fat” is. I sincerely doubt He approves of obesity. It is hard to think of fat as suffering a food shortage. As a matter of fact, God’s Word Says, *“For the drunkard and the glutton shall come to poverty: and drowsiness shall clothe a man with rags. Put a knife to thy throat, if thou be a man given to appetite.”* God’s Word consistently condemns the sinful lusts of our physical body; describing it as *“sold under sin.”* In other words, a slave to sin.

The body of sin is never satisfied; hence substance abuse and crime. However, our soul and spirit can be “fat” in the spiritual sense; that is satisfied, gratified, and Sanctified with Jesus Christ, the Word of God. *“As for me, I will behold Thy Face in Righteousness: I shall be satisfied, when I awake, with Thy Likeness. They shall be abundantly satisfied with the fatness of Thy House; and Thou Shalt Make them drink of the River of Thy Pleasures. Sanctify them through Thy Truth: Thy Word Is Truth.”* Truth is Manna for the soul! We must gather as much as needed to ourselves daily; satisfying our hunger for Righteousness until we find contentment in the Lover of our soul. To be made fat by God is to be made satisfied; to be sufficed; to be full; to be *“complete in [Christ], Which Is the Head of all Principality and Power. For in Him Dwelleth all the Fulness of the Godhead Bodily.”* Just as lovers find the sum of their desire in their beloved, we must seek Jesus; the Completer of our Life! Notice the prerequisite to spiritual fatness: *“He that putteth his trust in the LORD.”* If you depend on anyone or anything more than Jesus you will never be content! Never satisfied! Never full!

In Jesus Christ I am complete,
With His Favour I am replete,
With tears I’ll wash His nail-scarred Feet,
When in Glory at last we meet! –CGP

What we perceive as need and what is actually need are two very different things. True need is what Father has supplied; nothing less; nothing more. *“For your Heavenly Father knoweth what things ye have need of, before ye ask Him. God shall supply all your need according to His Riches in Glory by Christ Jesus. Let your conversation be without covetousness; and be content with such things as ye have: for He Hath Said, ‘I Will Never Leave thee, Nor Forsake thee. And we know that all things work together for good to them that love God, to them who are the called according to His Purpose.’”* You can rest assured that if walking in obedience, everything in your life is needed to perform God’s Purpose for you and that Purpose is plainly stated: *“For whom He Did Foreknow, He Also Did Predestinate To Be Conformed To The Image Of His Son.”* God wants you to be just like Jesus: Eternal, Perfect, and Satisfied!

“Behold, what manner of Love the Father Hath Bestowed upon us, that we should be called the sons of God: therefore the world knoweth us not, because it knew Him not. Beloved, now are we the sons of God, and it doth not yet appear what we shall be: but we know that, when He Shall Appear, we shall be like him; for we shall see Him as He Is.” 1 John 3:1-2 KJV