

*"Keep thy heart with all diligence; for out of it are the issues of life."  
Proverbs 4:23 KJV*

The "keep" was the best guarded place in the entire castle. It was the most fortified and protected. It was usually high up in a tower with one easily defended stairway leading to it. It usually had one narrow window, and was located in the thickest part of the wall. The English word "keep" has evolved from this place called the "keep." It means to guard fervently, constantly alert to any threat and ready to defend "to the death!" This lends understanding to what the Word of God tells us.



*"All the paths of the LORD are mercy and Truth unto such as KEEP His Covenant (Word) and His Testimonies.(commandments) KEEP thy tongue from evil, and thy lips from speaking guile. Wait on the LORD, and KEEP His way, and He shall exalt thee to inherit the land: when the wicked are cut off, thou shalt see it. For He shall give His angels charge over thee, to KEEP thee in all thy ways. Thou wilt KEEP him in perfect peace, whose mind is stayed on (anchored to) Thee."* You've often heard the expression, "heart and soul" used in reference to an ideal, an organization, or set of plans. The "heart and soul" of something is its innermost life force. Our heart/soul is the essence of who we are. Humanity is like a million snowflakes, each having the same basic elements, but each beautifully unique. Men are a "living souls" with a body and spirit. The soul is eternal, "made in the image of God" and will exist forever. It is important to determine our soul's eternal destination while we traverse the transient vapor of human life; constantly vigilant of the transient dainties that tempt us from eternal bliss with our Creator. *"Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked."* We must ardently question anyone who claims to be on a KING'S errand, but has no proof in writing sealed with the KING'S unbroken seal. *"Believe not every spirit, but try the spirits whether they are of God: because many false prophets are gone out into the world."* They cannot be admitted to the "keep" of our heart. Oh, they may have gotten past the "ear gate" and the "eye gate," but just because they've gained entrance, doesn't give them automatic access to all rooms, however, it does become easier. There are many fiery and devious "winds of doctrine" that try to fly over the walls of our stronghold to destroy from within. Lies are Satan's agents of destruction and always come wrapped in the KING'S garments with false identities. We must have Truth-trained watchmen on the walls and at each gate to sound the alarm whenever an enemy tries to slip past. Some are so heinous as to warrant immediate execution. Others need be simply turned away at the gate. The ultimate ploy is to trick us out of the castle; to "feel" safe in the world. Do you "feel" safe in the world? BEWARE!

Into castle keep of Truth,  
Satan's lies will slip aloof,  
We must watch lest gates be breached,  
And our soul with evil reached. ~CGP

We have a tireless adversary who is never off duty! *"Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour."* We are under constant siege and must stalwartly defend the unbreachable walls of Truth; fervently guarding the gates. The walls of Truth cannot be breached, but fiery darts can be shot over the walls and the gates can be slyly entered! The walls of Truth stand forever, but our destruction always comes from within. Evil always comes with a smile and gifts! Beware the flattering friend!

*"Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;" 2 Corinthians 10:5 KJV*