

“Rest In The LORD, and wait patiently for Him: fret not thyself because of him who prospereth in his way, because of the man who bringeth wicked devices to pass.”
Psalms 37:7 KJV



Rest: Cessation of motion or action of any kind: Webster 1828. To rest in the Lord is to cease our own efforts and wait in calm expectation on God to do as He Promised. *“I have set the LORD always before me: because He is at my right hand, I shall not be moved. Therefore my heart is glad, and my glory rejoiceth: my flesh also shall rest in Hope.”* When you search for something, what do you do when it’s found? You stop

looking. There is no further need of labor when the task is complete. What did God do when Creation was complete? He rested. Rest is not necessarily sleep, but the enjoyment of a completed work. Rest is many things; the gardener admiring the roses; the mother who holds the sleeping child; the artist who lays down his brush; the climber who stands on the summit; the child who falls asleep during play; or the heir who receives their inheritance, but in all cases it is cessation of one thing to prepare for the next. The believer can rest in the Lord, because He has completed the Work of Salvation. We no longer need sacrifices to atone for our sins, but can simply confess the veracity of God’s Word by returning to humble obedience as soon as the spirit convicts us of sin. We can depend on our Saviour every time. *“Thus saith the LORD, ‘Stand ye in the ways, and see, and ask for the old paths, where is the good Way, and walk therein, and ye shall find Rest for your souls. If we confess our sins, He is Faithful and Just to forgive us our sins.’”* Repentance is the rest of the saints. *“If My People, which are called by My Name, shall humble themselves, and pray, and seek My Face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land.”* We can rest in God’s Promises.

Peace and Rest is the Godly Calm,
That soothes the soul with Mercy’s Balm,
His Promise and His Word endure,
Beyond the end of time assured! –CGP

Believing is knowing. *“These things have I written unto you that believe on the Name of the Son of God; THAT YE MAY KNOW that ye have Eternal Life, and that ye may believe on the Name of the Son of God. And We Know that all things work together for good to them that love God, to them who are the called according to His Purpose. Being confident of this very thing, that He which hath begun a Good Work in you will perform it until the Day of Jesus Christ.”* If you know Jesus is coming to get you, because He said He would and you believe Him, you can patiently wait in Hope of His Arrival.

“For WE KNOW that the whole creation groaneth and travaileth in pain together until now. And not only they, but ourselves also, which have the Firstfruits of the Spirit, even we ourselves groan within ourselves, waiting for the Adoption, to wit, the Redemption of our body. For we are saved by Hope: but hope that is seen is not hope: for what a man seeth, why doth he yet hope for? But if we Hope for that we see not, then do we with patience wait for it.” Romans 8:22-25 KJV